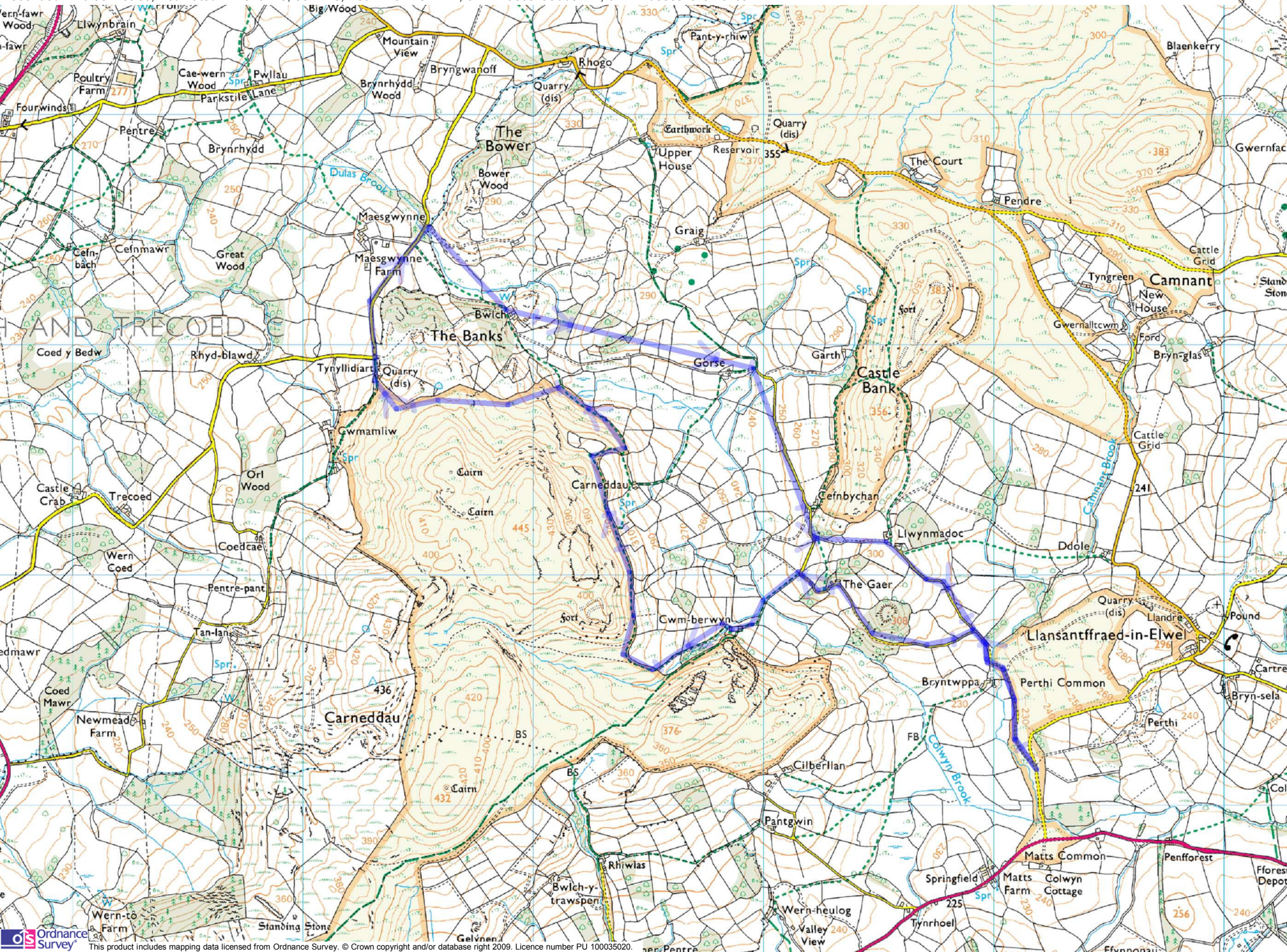
Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 046 533-SO 102 576) Map printed at 1:20,000

Route: Walk 55 Matts Common/Carneddau, Start Point: SO 091 541, End Point: SO 091 541, Flat Length: 5.97 Miles, Hidden Length: 6.02 Miles, Max Height: 344.29 Metres, Min Height: 215.63 Metres, Height Ascended: 429.33 Metres, Estimated Time: 3 hrs, 35 mins, Est Time: 2.3 Mi/hr, 914 m ascent adds 1hr, 914 m descent removes 1h